

North Country Region High Performance Driver Education Lime Rock Park May 5th & 6th



Information Package

All participants are encouraged to review the updated PCA National DE Minimum Standards at this [link](#).

EVENT CHECK LIST

Required:

- Confirm that you and your vehicle meet the event requirements at this [link](#).
- Driver's license
- Both the **PRE-TRACK** and **FINAL** sections of the 2025 NCR Tech Form
- Car Numbers applied or a means of applying car numbers such as tape or white shoe polish.

Useful:

- Course map
- Umbrella
- Plastic tarp or bags to contain your stuff including floor mats and any loose items
- Tire pressure gauge
- Air compressor
- Rain gear
- Sunglasses
- Warm clothing
- Spare brake pads if yours are near ½ their original thickness
- Spare oil

Don't forget:

- Water
- Sandwiches or snacks
- Sunscreen
- Insect Repellent

The track gate opens at 7AM Monday and Tuesday. Do not block the access road. Trailers may only be dropped off on Sunday between 4 and 6 PM. Do not come early or late or you will not be admitted. Do not make any loud noise during the Sunday drop off period.

Final car number assignments and work assignments will be available no later than Friday MAY 3RD at [the NCR website](#). Please print the information you need and bring it with you to the event. Limited copies will be available at the track.

ACCOMMODATIONS

Plenty of lodgings are available in the vicinity of Lime Rock Park. Great Barrington, MA is located 30 minutes north of the track and has many motels that offer lower rates than lodging closer to the track. Several options exist within 10 miles of the track in both Lakeville and Sharon. Visit this [link](#) for a list of hotels in the area. Camping is also available at Housatonic State Park.

MEALS

The Concession Stand located in the main paddock area will be open from 7:30 am to 3:00 pm for hot food and until 4:00 pm for cold food. Several restaurants located in Lakeville and Sharon serve dinner if you arrive early enough on Sunday. A favorite stop on the way back to the Mass Pike is the Great Barrington Brewery.

TRAVEL INFORMATION

Please obey the posted speed limits on all public roads. We wish to retain our good reputation with the track and local authorities. Please limit your fast driving to the track.

DIRECTIONS

Lime Rock Park is in the Berkshires of NW Connecticut. From New Hampshire take I-93 South to I-495 South toward Worcester. Take I-290 W to Auburn and pick up I-90 W and continue until Exit 2. Bear right off-ramp to US-20 for 180' then to RT-102 W for 4.7mi. Take US-7 for 15.1mi to Route 7A for 3.1mi to US-7A for 0.34mi to Route 7 for 9.2mi to Route 112W. Go past the Track Office for 0.7mi to the main entrance, located on White Hollow Road.

Special Announcements and Activities

LRP maintains very strict control of noise levels and has a very active program for noise monitoring (SOUND LIMIT 88DB). Open exhausts systems are not permitted and anyone with a particularly loud car should make adjustments to limit noise levels. Monitoring is done from several locations with the meter set 50 feet from the center of the racing line.

Pets are allowed and must always be restrained.

Participants are responsible for any damage (holes, dents or depressions) that may occur to the asphalt in the paddock area. It is critical that anything that could damage the surface (jack stands, trailer tongues, awning / canopy posts, etc.) be placed on something that protects the surface.

There are no garages at LRP so bring tarps or other waterproof materials to keep your 'stuff' dry in the event of rain.

There is no overnight security, and no one can camp in the park.

Classroom Instruction

As part of our program, we will be conducting classroom sessions. Green/Yellow drivers are required to attend the morning sessions. Blue/White/Black are strongly suggested to attend the lunchtime sessions.

These classroom sessions will enhance the on-track instruction by reinforcing the primary concepts associated with HPDE. Please refer to the track schedule for Run Group classroom times and prepare accordingly to attend these valuable sessions.

Social

On Monday night we will host a beer and wine social in the paddock. We must be off the property at 6:30 PM

Coaching

Simon Kirkby will be our pro coach for this event. Simon will conduct classroom sessions during the lunch hour on both days. Consult your schedule for times and locations. He will also be available for one-on-one coaching for \$125 per session for advanced drivers. If you are interested, contact Simon before the event to make arrangements using the contact information below.

Simon Kirkby, Director
Lime Rock Drivers Club
497 Lime Rock Road
Lakeville, CT 06039 USA
Cell 248 761 2729
simon@limerock.com
www.limerockclub.com
www.simonkirkby.com

Simon will conduct a track walk Monday night when the track goes cold starting at 5:10.

Event Preparation

Before the event

Tech inspection forms must bear the signature and stamp of an approved NCR, NER, or out of region inspector. Without an approved Tech form, you will not be allowed to participate in the event and your fee will not be refunded.

Day of the Event

TRACK ENTRY

You must sign the LRP track waiver each day before you reach the entrance gate to the facility. It's available online at the SpeedWaiver site twelve hours before the event day. Proceed into the paddock and park your vehicle.

Before you reach the registration table, please have the signed waiver screen showing on your smartphone. There will be an NCR registration table in the pavilion where you will verify that you completed the PCA SpeedWaiver. If you have not completed the speed waiver, you will have to sign the printed waiver. After you show your driver's license to the registration volunteer show both the **PRE-TRACK** and **FINAL** sections of the 2025 NCR Tech Inspection Form to the registration volunteer. You will then be given a colored wristband that must be shown at the Tech Inspections line and grid check before you are allowed on the track. All friends, family or other guests must sign our NCR waiver and get a purple wrist band at the building alongside the pit lane.

CAR NUMBERS

You cannot deviate from your number assigned by the registrar without prior approval.

ON SITE TECH INSPECTION

At the beginning of each day at approximately 7:10AM, a final tech inspection of your car will be performed on the pit lane at the pavilion. It must be completed before your car is permitted to participate in that day's sessions.

Empty your vehicle of all loose items, put the assigned numbers on your car, and bring your helmet and HANS device with your signed and stamped **FINAL** section of the 2025 NCR tech form to the tech line for the on-site track tech inspection. Your car will get a sticker indicating you and your car have passed on-site inspection. Before you get into line, please prepare your car for the on-site inspection process by checking to make sure your lug nuts are tight, affixing your assigned car number and removing all loose items (water bottles, cell phones, radar detectors, etc.) from the interior and trunks. Also, make sure to bring your signed tech inspection form, your helmet and if appropriate letter certifying that you have dealt with the wheel center lock recall.

If you or your car are not prepared for the on-site inspection when you get to the front of the line, you will be rejected and must go to the back of the line for a re-inspection.

If you arrive late, your car will be inspected at the convenience of the tech team and there will be a \$25 late inspection fee.

DRIVERS MEETING

ALL participants must attend the drivers' meeting at approximately 8:15AM.

WORKER ASSIGNMENTS

Our events rely on participants to work critical functions to keep the event safe and fun. Individuals will be assigned to carry out some limited work assignment at a specified time during the event. Please refer to the schedule for your work assignment times. Worker assignments will also be posted in the control area. This is a volunteer event and your DE Team thanks you for your participation; however, anyone late or absent for their assigned duties may be expelled.

LIME ROCK SPECIFIC RULES

- The paddock speed limit is 5 mph and is counterclockwise, please watch for pedestrians.
- Persons under 18 years of age are not permitted in the hot pits or at corner stations.
- No sitting on the pit wall while cars are on the track.
- All roadways must be kept clear in the paddock so emergency vehicles can move freely.
- You will be required to pay for any damage you cause to the track including the asphalt in the paddock.
- Cars exceeding the allowable noise level (88db) will be black flagged and must make necessary modifications before returning to the track. If you are blacked flagged for a second time, you are finished for the day.
- Alcoholic beverages are permitted in the paddocks and pits fifteen (15) minutes after on-track activity has ceased for the day.
- Fluid waste must be placed in approved LRP disposal containers and never on the ground.
- Gas pumps are open all day and are credit card only in the B paddock.
- LRP provides safe areas which may be used in the event of a mechanical failure preventing a driver from safely getting back to the pits. Safe areas are designated by large green cones. Look for these areas during your warmup laps.
- No drones are permitted anywhere on the LRP property.



Dennis Mascetta
Drivers Education Chair